

# SEA CUCUMBER: BIOACTIVE EXTRACT FOR HEALTHY NUTRACEUTICS

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## **NUTRACEUTICS, What is it?**

Nutraceutics are food products whose nutritional and functional characteristics provide benefits to help improve health and / or reduce disease risk.

Can be accompanied by other active components or exogenous nutrients such as vitamins, minerals, antioxidants, fatty acids, etc., however, these types of products that cover a wide range of possibilities, should be taken as part of a healthy and balanced diet and Never as substitutes for it.



### At EuroEspes,

The nutraceutical department is devoted to the research of these products that are natural bio-derivatives of different marine species and vegetable extracts which, obtained by of **non-denaturing** means biotechnological processes, enable the preservation of the bioactive properties of their ingredients.

# The bioindustrial process Hologal (Lyophilization)

INDUSTRIAL PROCEDURE FOR THE FREEZE-DRYING OF HOLOTHURIA

FREEZING -18°C

TRITURATION

LYOPHILIZATIO

(5 steps) T°C (-45 a +37°C)

Pr -1 bar

GRINDING

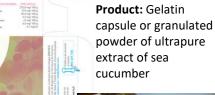
Granulated powder

(capsules)





#### Development of heart-healthy foods - prototype





CONCLUSIONS The sea cucumber (*H.forskali*) is a heart-healthy nutritional product with great antioxidant and antihypertensive potential

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